

## ADAIR COUNTY

### **Greenfield**

#### **Greenfield United Methodist Church Free Clinic**

United Methodist Church  
108 SW 5th St  
Greenfield, Iowa 50849

6:00 - 8:00 p.m. on the 1st & 3rd Tuesdays of the month  
5:30 - 6:00 p.m. Patient Registration  
No appointment necessary

***OPEN Services per regular schedule***

## BLACK HAWK COUNTY

### **Waterloo**

#### **Allen Community Engagement Salvation Army Partnership (ACE-SAP Clinic)**

207 Logan Ave  
Waterloo, Iowa 50703

ACE-SAP free clinic is offered as a clinical experience requirement for Allen College's Nurse Practitioner program (led by certified Nurse Practitioners).  
Days/Hours vary by month....link for details/open hours of operation:

<https://www.allencollege.edu/ace-sap-free-clinic>

No appointment necessary

***OPEN Services per regular schedule***

## BOONE COUNTY

### **Boone**

#### **Free Clinic of Boone County**

First United Methodist Church  
703 Arden St  
Boone, Iowa 50036

6:00 – 8:00 p.m. on the 1st & 3rd Tuesdays of the month  
Doors Open at 5:00pm, first come-first served  
No appointment necessary

An evening meal will be served.

***HYBRID Services: No new patients or clinical services offered until further notice - open only for medication refills to established patients.***

## CARROLL COUNTY

### **Carroll**

#### **Carroll Community and New Opportunities Free Medical Clinic**

23751 Highway 30 East  
Carroll, Iowa 51401

4:30 – 8:30 p.m. on Thursdays  
No appointment necessary  
All patients must be registered by 7:00 p.m.

***HYBRID Services: Limited services offered by Appointment Only: Call #712-292-9749 for available days/times.***

## CLAY COUNTY

### **Spencer**

#### **Grand Avenue Free Medical Clinic**

605 N Grand Ave  
Spencer, Iowa 51301

4:00 – 8:00 p.m. on 1st & 3rd Thursdays of the month  
4:00 - 6:00 p.m. Patient Registration  
No appointment necessary

#### Dental

11:00 a.m. – 5:00 p.m. on Wednesdays (when Dentists are available)

If you are having dental issues you must be screened on the 1st or 3rd Thursday of the month during clinic hours. Patients will then be put on a waiting list. The current waiting list is over 6 months long.

Appointment only

**HYBRID Services: Open 4-8pm the 3rd Thursday of each month. Dental patients seen by appointment only, AFTER initial visit to medical clinic.**

## CLINTON COUNTY

### **Clinton**

#### **Gateway Inmates Free Dental Services Clinic**

Clinton County Jail  
241 Seventh Ave. North  
Clinton, IA 52732

Appointment Only, exclusively for Clinton County Jail inmates

**HYBRID Services: No non-emergency dental services offered until further notice, due to Coronavirus precautions.**

## DALLAS COUNTY

### **Waukee**

#### **Waukee Area Christian Free Clinic**

1155 SE Boone Drive  
Waukee, Iowa 50263

5:30 - 7:00 p.m. on Mondays  
Appointment Only - call # 515-987-5523

**HYBRID Services: Appointments will be scheduled for school physicals, work physicals, chronic condition management support (non-urgent) and minor injuries. A nurse call-back option will be available for concerns related to illnesses such as allergies, or symptoms such as nausea, vomiting, fatigue, diarrhea or women's health concerns. Chiropractic Care available the 4th Monday of each month by appointment.**

## DECATUR COUNTY

### **Lamoni**

#### **Lamoni Free Clinic**

Lamoni United Methodist Church  
E 9th St. & N Maple St.  
Lamoni, Iowa 50140

2:00 - 4:00 p.m. on Tuesdays  
No appointment necessary

Located inside Lamoni United Methodist Church

**CLOSED Services: No clinic services offered until further notice due to Coronavirus precautions.**

## DICKINSON COUNTY

### **Milford**

#### **The Free Clinic - Dental**

1003 21st Street  
Milford, IA 51351

6:00 - 9:00 p.m. on the 3rd Tuesday of the month  
Appointment only - call # (712)209-1213

**OPEN Services: Appointment Only - Call  
712-209-1213**

## EMMET COUNTY

### **Estherville**

#### **The Free Clinic - Medical**

205 N 7th St  
Estherville, Iowa 51334

6:00 p.m. selected Tuesdays of each month  
Appointment Only - call # 712-209-1213

**OPEN Services: Appointment Only - Call  
#712-209-1213**

## HAMILTON COUNTY

### **Webster City**

#### **Webster City Free Clinic**

1610 Collins, Suite 5  
Webster City, Iowa 50595

5:00 – 7:00 p.m. on the 2nd Tuesday of the month for  
processing medication refills &  
5:00 - 7:00 p.m. on the 4th Tuesday of the month for full  
clinic service offerings.  
3:00 p.m. Doors Open  
4:00 p.m. Patient Registration  
No appointment necessary

**HYBRID Services: Medication refills for established  
patients only. Please call 515-571-2086 to make  
arrangements.**

## JOHNSON COUNTY

### **Iowa City**

#### **Iowa City Free Medical Clinic/Dick Parrott Free Dental Clinic**

2440 Towncrest Drive  
Iowa City, IA, 52240

For more information please visit our  
website: [www.freemedicalclinic.org](http://www.freemedicalclinic.org)

6:00 - 9:00 p.m. on Mondays  
8:45 - 11:30 a.m. and 12:30 - 4:00 p.m. on Tuesdays  
8:45 - 11:30 a.m. on Wednesdays  
8:45 - 11:30 a.m. and 6:00 - 9:00 p.m. on Thursdays  
Appointment only

#### **Dental**

To try to schedule an appointment please call the  
business line 319-337-7909.

#### **Business Hours**

9:00 a.m. - 4:00 p.m. Monday thru Thursday  
9:00 a.m. - 12:00 p.m. on Fridays

**HYBRID Services: Per Coronavirus precautions,  
limited medical appointments are available,  
however no dental services offered until further  
notice. Please call the clinic at 319-337-4459 for  
more information. No appointments will be made for  
patients with fever and/or respiratory symptoms  
until further notice. Patients who have respiratory  
symptoms and would like advice should call  
University of Iowa Hospitals and Clinics at  
319-384-9010.**

## JOHNSON COUNTY

### ***Iowa City - Coralville***

#### **Healthy Kids School-Based Health Clinics (HKSBC)**

For more information,  
visit: <https://www.iowacityschools.org/Page/1164>

Location 1: City High School  
1900 Morningside Dr.  
Iowa City, IA 52245

Location 2: Northwest Junior High School  
1507 8th St.  
Coralville, IA 52241

Location 3: South East Junior High School  
2501 Bradford Dr.  
Iowa City, IA 52245

Appointment Only - call # (319) 631-3204

***HYBRID Services: Well care for children who need to update immunizations, immunizations for those in the catch-up process. Acute and chronic issue care offered, some by telemedicine. No Appointments are being made for patients with fever and/or respiratory symptoms until further notice. Patients who have respiratory symptoms and would like advice should call University of Iowa Hospitals and Clinics at 319-384-9010.***

## LINN COUNTY

### ***Cedar Rapids***

#### **His Hands Free Clinic**

1245 2nd Avenue SE  
Cedar Rapids, Iowa 52403  
For more information, visit our  
website: <http://www.hishandsclinic.org>

Office hours: phones answered during office hours only  
9:00 am - 4:00 pm, Monday through Thursday  
9:00 am - Noon, Friday

Medical Clinic hours:  
5:00 - 7:00 pm on Tuesdays & Thursdays  
10:00 am - 2:00 pm on Wednesdays  
10:00 am - 2:00 pm on Thursdays  
Appointment only

Chiropractic Clinic hours:  
Varies - call for appointment

Dental Clinic hours:  
Varies - call to be added to wait list

***HYBRID Services: Per Coronavirus precautions, limited medical appointments are available by appointment only, however no dental services offered until further notice. Please call the clinic at 319-862-2636 for more information.***

## MARION COUNTY

### ***Knoxville***

#### **Good Samaritan Free Clinic**

First United Methodist Church, Activity Building  
308 East Robinson  
PO Box 344  
Knoxville, Iowa 50138

6:00 – 7:30 p.m. on the 2nd & 4th Mondays of the month  
5:30 – 7:00 p.m. Patient Registration  
No appointment necessary

***CLOSED Services: No clinic services offered in Dec 2020 and Jan 2021 due to Coronavirus precautions.***

## MARION COUNTY

### **Pella**

#### **Good Samaritan Free Clinic**

The Well Resource Center  
419 East Oskaloosa Street  
Pella, Iowa 50219

Please enter on the east side of the building.

6:00 – 7:00 p.m. on the 1st & 3rd Thursdays of the month

No appointment necessary

**OPEN Services per regular schedule**

## PAGE COUNTY

### **Clarinda**

#### **Nodaway Valley Free Clinic**

##### **Clinic Location**

822 South 17th  
Clarinda, Iowa 51632  
Brick Bldg. on Corner of 17th & Wells Street

##### **Mailing Address**

**Attention:** Karen Marsh  
220 Essie Davidson Drive  
Clarinda, Iowa 51632

6:00 p.m. - 9:00 p.m. on the 1st, 2nd & 3rd Thursdays of the month

Patient Registration at 6:00 p.m. (SHARP)

If special circumstances arise please call Karen at  
712-542-0702

No appointment necessary

**OPEN Services per regular schedule**

## POLK COUNTY

### **Clive**

#### **Clive Community Services Free Clinic**

2190 NW 82nd Street  
Clive, Iowa 50325

5:30 - 7:30 p.m. on Mondays

**HYBRID Services: Services will not be offered to those presenting with COVID-19 symptoms of temperature and/or respiratory issues.**

### **Des Moines**

#### **Christ the King Free Clinic**

5711 SW 9th St  
Des Moines, Iowa 50315

##### **Mailing Address**

Christ the King Parish Office  
820 Porter Ave  
Des Moines, IA 50315

7:00 - 9:00 p.m. on Mondays

7:00 - 9:00 p.m. on Wednesdays is Pediatric Clinic

No appointment necessary

Registration begins at 6:30p.m. Please plan to be at the clinic for 6:30 p.m. registration for a first come-first served offering. Clinic may close early, after the final registered patient is seen.

**CLOSED Services: No clinic services offered until further notice due to Coronavirus precautions.**

### **Corinthian Family Health Free Clinic**

814 School St  
Des Moines, Iowa 50309

9:00 a.m. – 11:30 a.m. on Saturdays

**CLOSED Services: No clinic services offered until further notice due to Coronavirus precautions.**

## POLK COUNTY

### **Dr. Nick Palmer/Jim Ellefson Free Medical Clinic**

1607 East 33rd St  
Des Moines, Iowa 50317

1:30 – 4:00 p.m. on Tuesdays  
5:30 – 8:00 p.m. on Thursdays  
No appointment necessary

***HYBRID Services: Re-opening for medication refills to established patients during Thursday hours, by appointment only. As only one patient will be allowed to enter the clinic at a time, call the clinic at 515-266-7622 beginning at 5:15pm on Thursday to schedule time slot/appointment.***

### **Grace United Methodist Church Free Clinic**

3700 Cottage Grove  
Des Moines, Iowa 50311

5:30 - 7:30 p.m. on Tuesdays  
5:00 - 7:00 p.m. Patient Registration  
No appointment necessary

***CLOSED Services: No clinic services offered until further notice due to Coronavirus precautions.***

### **Margaret Cramer Clinic**

First Assembly of God Church  
2725 Merle Hay Road  
Des Moines, Iowa 50310

6:00 – 8:00 p.m. on Thursdays  
5:30 – 7:00 p.m. Patient Registration  
Clinic will close at 7:30 p.m. if patient numbers are low.  
"Immunization Record" and "Physical Form" is required before a physical can be completed  
No appointment necessary

***CLOSED Services: No clinic services offered until further notice due to Coronavirus precautions.***

## POLK COUNTY

### **Polk City**

#### **St. Luke's Clinic**

Polk City United Methodist Church  
1421 West Broadway  
Polk City, Iowa 50226

6:00 – 8:00 p.m. on the 1st & 3rd Wednesdays of the month  
No appointment necessary

***OPEN Services: Clinic services are open per schedule. Entry into the clinic will be from the designated clinic entrance, 2nd door - East side of the building with initial screening conducted outside. Services will not be offered to those presenting with COVID-19 symptoms of temperature and/or respiratory issues.***

### **West Des Moines**

#### **Valley Junction Free Medical Clinic**

West Des Moines Human Services  
139 6th Street  
West Des Moines, Iowa 50265

7:00 – 9:00 p.m. every Tuesday

No appointment necessary

**WE WILL FOLLOW WDM COMMUNITY SCHOOLS LEAD FOR WEATHER CLOSINGS.**

**IF WDM SCHOOLS ARE CLOSED WE WILL NOT HOLD CLINIC THAT NIGHT!**

***NO Clinic Offering Tuesday, Dec. 29th due to inclement weather.***

## POWESHIEK COUNTY

### **Grinnell**

**Grinnell Regional Community Care Clinic**  
306 4th Ave  
Grinnell, Iowa 50112

2:00 - 4:00 p.m. on the 1st & 3rd Thursday of each month  
Please call 641-236-2385 for an appointment  
Appointment only

***OPEN Services per regular schedule***

## WAPELLO COUNTY

### **Ottumwa**

**Ezra Free Clinic**  
610 East Main Street  
Ottumwa, Iowa 52501

6:00 - 8:30pm on Tuesdays  
No appointment necessary

***CLOSED Services: No clinic services offered until further notice due to Coronavirus precautions.***

## WARREN COUNTY

### **Norwalk**

**Norwalk Free Medical Clinic**  
Crossroads Church  
2601 Border St  
Norwalk, Iowa 50211

6:00 - 8:00 p.m. on the 1st & 3rd Thursdays of the month  
Registration begins at 5:45 p.m.  
No appointment necessary

***OPEN Services per regular schedule***

## WINNESHIEK COUNTY

### **Decorah**

**Decorah Community Free Clinic**  
604 W. Broadway St  
Decorah, Iowa 52101

6:00 – 8:00 p.m. on Thursdays  
5:00 – 6:00 p.m. Patient Registration (all patients must arrive by 6:00 p.m.)  
Please call 563-419-0962 for more information  
No appointment necessary

***Hybrid Services: medication refills for existing patients only - call #563-419-0962 to make arrangements.***