

ADAIR COUNTY

Greenfield

Greenfield United Methodist Church Free Clinic
United Methodist Church
108 SW 5th St
Greenfield, Iowa 50849

6:00 - 8:00 p.m. on the 1st & 3rd Tuesdays of the month
5:30 - 6:00 p.m. Patient Registration
No appointment necessary

BLACK HAWK COUNTY

Waterloo

Allen Community Engagement Salvation Army Partnership (ACE-SAP Clinic)
207 Logan Ave
Waterloo, Iowa 50703

Wednesdays, 9:00 a.m. - 5:00 p.m.
No appointment necessary

BOONE COUNTY

Boone

Free Clinic of Boone County
First United Methodist Church
703 Arden St
Boone, Iowa 50036

6:00 – 8:00 p.m. on the 1st & 3rd Tuesdays of the month
Doors Open at 5:00pm, first come-first served
No appointment necessary

An evening meal will be served.

CARROLL COUNTY

Carroll

Carroll Community and New Opportunities Free Medical Clinic
23751 Highway 30 East
Carroll, Iowa 51401

4:30 – 8:30 p.m. on Thursdays
No appointment necessary
All patients must be registered by 7:00 p.m.

CERRO GORDO COUNTY

Mason City

North Iowa Dental Clinic for the Uninsured and Underinsured
Mercy Medical Center – North Iowa
1000 4th St, SW
Mason City, Iowa 50401

Please call 641-428-7887 for an appointment
Serves residents of North Iowa
Appointment only

CLAY COUNTY

Spencer

Grand Avenue Free Medical Clinic
605 N Grand Ave
Spencer, Iowa 51301

3:00 – 9:00 p.m. on 1st & 3rd Thursdays of the month
2:00 - 6:00 p.m. Patient Registration
No appointment necessary

Dental

11:00 a.m. – 5:00 p.m. on Wednesdays (when Dentists are available)

If you are having dental issues you must be screened on the 1st or 3rd Thursday of the month during clinic hours. Patients will then be put on a waiting list. The current waiting list is over 6 months long.
Appointment only



DALLAS COUNTY

Waukee

Waukee Area Christian Free Clinic

1155 SE Boone Drive

Waukee, Iowa 50263

5:30 – 7:00 p.m. on Mondays

Chiropractic Services offered the 4th Monday of each month

No appointment necessary

DECATUR COUNTY

Lamoni

Lamoni Free Clinic

Lamoni United Methodist Church

E 9th St. & N Maple St.

Lamoni, Iowa 50140

2:00 - 4:00 p.m. on Tuesdays

No appointment necessary

Located inside Lamoni United Methodist Church

EMMET COUNTY

Estherville

The Free Clinic

205 N 7th St

Estherville, Iowa 51334

6:00 p.m. on the 2nd Tuesday of each month

No appointment necessary - must be checked in by 6:30 p.m.

Dental services offered on the 3rd Monday of each month from 6:00-9:00 p.m.

Dental is offered by appointment only - call

#712-209-1213

HAMILTON COUNTY

Webster City

Webster City Free Clinic

820 James St

Webster City, Iowa 50595

5:00 – 7:00 p.m. on 2nd & 4th Tuesday of each month

3:00 p.m. Doors Open

4:00 p.m. Patient Registration

No appointment necessary

JOHNSON COUNTY

Iowa City

Iowa City Free Medical Clinic/Dick Parrott Free Dental Clinic

2440 Towncrest Drive

Iowa City, IA, 52240

For more information please visit our website: www.freemedicalclinic.org

6:00 - 9:00 p.m. on Mondays

8:45 - 11:30 a.m. and 12:30 - 4:00 p.m. on Tuesdays

8:45 - 11:30 a.m. on Wednesdays

8:45 - 11:30 a.m. and 6:00 - 9:00 p.m. on Thursdays

Appointment only

Dental

To try to schedule an appointment please call the business line 319-337-7909.

Business Hours

9:00 a.m. - 4:00 p.m. Monday thru Thursday

9:00 a.m. - 12:00 p.m. on Fridays

LINN COUNTY

Cedar Rapids

His Hands Free Clinic

400 12th Street SE

Cedar Rapids, Iowa 52403

For more information, visit our

website: <http://www.hishandsclinic.org>

Office hours: phones answered during office hours only

9:00 am - 4:00 pm, Monday through Thursday

9:00 am - Noon, Friday

Medical Clinic hours:

5:00 - 7:00 pm on Tuesdays & Thursdays

10:00 am - 2:00 pm on Wednesdays

10:00 am - 2:00 pm on Thursdays

Appointment only

Chiropractic Clinic hours:

Varies - call for appointment

Dental Clinic hours:

Varies - call to be added to wait list

MARION COUNTY

Knoxville

Good Samaritan Free Clinic

First United Methodist Church, Activity Building

308 East Robinson

PO Box 344

Knoxville, Iowa 50138

6:00 – 7:30 p.m. on the 2nd & 4th Mondays of the month

5:30 – 7:00 p.m. Patient Registration

No appointment necessary

MARION COUNTY

Pella

Good Samaritan Free Clinic

The Well Resource Center

419 East Oskaloosa Street

Pella, Iowa 50219

Please enter on the east side of the building.

6:00 – 7:00 p.m. on the 1st & 3rd Thursdays of the month

No appointment necessary

PAGE COUNTY

Clarinda

Nodaway Valley Free Clinic

Clinic Location (north end)

216 W. Division

Clarinda, Iowa 51632

Mailing Address

Attention: Karen Marsh

220 Essie Davidson Drive

Clarinda, Iowa 51632

6:00 p.m. (SHARP) Patient Registration on the 1st, 2nd, & 3rd Thursdays of the month

If special circumstances arise please call Karen at 712-542-0702

No appointment necessary

POLK COUNTY

Clive

Clive Community Services Free Clinic

2190 NW 82nd Street

Clive, Iowa 50325

5:30 - 7:30 p.m. on Mondays

No appointment necessary



POLK COUNTY

Des Moines

Christ the King Free Clinic

5711 SW 9th St
Des Moines, Iowa 50315

Mailing Address

Christ the King Parish Office
820 Porter Ave
Des Moines, IA 50315

7:00 - 9:00 p.m. on Mondays

7:00 - 9:00 p.m. on Wednesdays is Pediatric Clinic

No appointment necessary

**No Clinic on Wednesday Nov. 21, Monday Dec. 24th
and Wednesday Dec. 26.**

Corinthian Family Health Free Clinic

814 School St
Des Moines, Iowa 50309

9:00 a.m. – 12:00 p.m. on Saturdays

No appointment necessary

Dr. Nick Palmer/Jim Ellefson Free Medical Clinic

1607 East 33rd St
Des Moines, Iowa 50317

1:30 – 4:00 p.m. on Tuesdays

5:30 – 8:00 p.m. on Thursdays

No appointment necessary

Grace United Methodist Church Free Clinic

3700 Cottage Grove
Des Moines, Iowa 50311

5:30 - 7:30 p.m. on Tuesdays

5:00 - 7:00 p.m. Patient Registration

No appointment necessary

POLK COUNTY

Healthy Choices Free Clinic of Iowa

Highland Park Presbyterian Church
321 Euclid
Des Moines, Iowa 50313

4:00 - 7:00 p.m. on the 1st & 3rd Mondays of the month

Encourage Patients to call #712-292-9749 to make an
appointment

Walk-Ins are welcome if registered before 5:30 p.m.

Margaret Cramer Clinic

First Assembly of God Church
2725 Merle Hay Road
Des Moines, Iowa 50310

6:00 – 8:00 p.m. on Thursdays

5:30 – 7:00 p.m. Patient Registration

Clinic will close at 7:30 p.m. if patient numbers are low.

"Immunization Record" and "Physical Form" is required
before a physical can be completed

No appointment necessary

Polk City

St. Luke's Clinic

Polk City United Methodist Church
1421 West Broadway
Polk City, Iowa 50226

6:00 – 8:00 p.m. on the 1st & 3rd Wednesdays of the
month

No appointment necessary

POLK COUNTY

West Des Moines

Mae E. Davis Free Medical Clinic

Eddie Davis Community Center
1312 Maple St
West Des Moines, Iowa 50265

7:00 – 9:00 p.m. on Tuesdays
7:00 - 9:00 p.m. on the 3rd Tuesday of the month is
Orthopedic Clinic
No appointment necessary

NO CLINIC ON TUESDAY, OCTOBER 16TH

POWESHIEK COUNTY

Grinnell

Grinnell Regional Community Care Clinic

306 4th Ave
Grinnell, Iowa 50112

2:00 - 4:00 p.m. on the 1st Thursday of each month
Please call 641-236-2385 for an appointment
Appointment only

SCOTT COUNTY

Bettendorf

MC Free Clinic

Bettendorf Community Center
2204 Grant St
Bettendorf, IA 52722

Pediatric Clinic: 3rd Saturday of each month
Appointment only - please call 563-344-4527

Adult Clinic: 10:00 a.m. - Noon on the 3rd Saturday of
each month
9:30 a.m. - 10:30 a.m. Patient Registration
No appointment necessary

WAPELLO COUNTY

Ottumwa

Ezra Free Clinic

610 East Main Street
Ottumwa, Iowa 52501

6:00 - 8:30pm on Tuesdays
No appointment necessary

WARREN COUNTY

Norwalk

Norwalk Free Medical Clinic

Crossroads Church
2601 Border St
Norwalk, Iowa 50211

6:00 - 8:00 p.m. on the 1st & 3rd Thursdays of the month
Registration begins at 5:45 p.m.
No appointment necessary

WINNESHIEK COUNTY

Decorah

Decorah Community Free Clinic

604 W. Broadway St
Decorah, Iowa 52101

6:00 – 8:00 p.m. on Thursdays
5:00 – 6:00 p.m. Patient Registration (all patients must
arrive by 6:00 p.m.)
Please call 563-419-0962 for more information
No appointment necessary